

# LIVE LONGER, LIVE STRONGER!

**6:30-8 P.M.  
WEDNESDAY, SEPT. 27**

Ohio University Dublin Campus  
Dublin Integrated Education Center (DIEC) Auditorium  
6805 Bobcat Way • Dublin, Ohio

Open to participants of all ages.

Program will include example exercises that support increased mobility.



For more information  
Use the QR code or visit:



**Dr. Brian Clark, Ph.D.**  
*Executive Director, Ohio  
Musculoskeletal and Neurological  
Institute, Osteopathic Heritage  
Foundation Harold E. Clybourne,  
D.O., Endowed Research Chair  
Professor of Physiology*



**Leslie Consitt, Ph.D.**  
*Associate Professor, Physiology;  
Osteopathic Heritage Foundation  
Ralph S. Licklider, D.O., Endowed  
Faculty Fellow in Enhanced  
Metabolic Aging*